

Menu

(We serve fresh food as fast as we can. If you are in a particular hurry please let us know.)

On Toasted Loaf (until 12pm)

- Avocado & tomato 5.50
- Mushrooms with garlic & thyme 5.50
- Avocado, bacon & egg 6.50

Omelette (until 12pm) 6.00

- Choose 2 fillings from;
- Cheddar / Ham / Tomato / Mushrooms

All Day Breakfast Bap

- Bacon or Sausage or Vegan Sausage 5.00
- Bacon & sausage 6.00
- Bacon, sausage & egg 6.50

Homemade Sausage Roll 4.00

- Warmed Cheese Scone 3.50/4.00**
- with butter / & chutney

Baguettes & Panini

- Cheddar & posh pickle 5.25 / 5.75
- Mozzarella, pesto & tomato 5.50 / 6.00
- Hummus, avocado & s/d tomato 5.50 / 6.00
- Ham, cheese, gherkin & pickle 5.75 / 6.25

Homemade Quiche 9.50

- (please see the board for our daily selection)
- Served with mixed leaves & new potato salad

Lucy's Rarebit 8.00

- Full bodied cheese with savoury spices,
- melted over toasted crumpets.
- Served with mixed leaves

Homemade Mediterranean Tart 9.00

- Served with mixed leaves & new potato salad

Summer Salad 9.50

- (please see the board for our daily selection)

Ploughman's Platter (for 2 people) 19.95

- Quiche or sausage roll, cheddar, mozzarella,
- vine tomato, gherkins, pickled onion, salad,
- apple, chutney & crusty loaf

Gardener's Platter (for 2 people) 19.95

- Mediterranean tart, hummus, avocado,
- vine tomato, gherkins, pickled onion, salad,
- apple, chutney & crusty loaf

Lucy's Cream Tea 6.75

A scone with strawberry jam & clotted cream and your choice of a pot of loose leaf tea or a coffee

Stow Afternoon Tea 15.25 per person

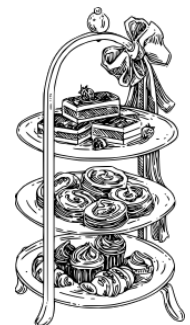
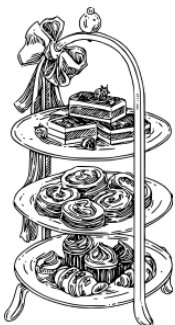
Served on a tiered stand, a selection of finger sandwiches - cheese and pickle, ham & mustard or cucumber & hummus - a scone with strawberry jam & clotted cream and your choice of our cake selection. Served with a pot of loose leaf tea or a coffee

Homemade Cakes & Traybakes 2.00 - 3.85

(see our daily selection)

Toasted Teacake with butter 3.50

A selection of Marshfield Farm Ice Cream & Sorbets 2.95



FOOD ALLERGY NOTICE

If you have a food allergy or a special dietary requirement please speak to a member of our team.

Drinks

Coffee & Hot Chocolate

Cappuccino	3.15
Latte	3.15
Americano	3.00
Flat White	3.15
Espresso	2.00
Mochachino	3.40

Decaf Coffee add	0.30
Extra shot of coffee	0.50
Flavoured syrup	0.50
Oat, Soya & Almond Milk add	0.30

Hot Chocolate	3.15
with cream and marshmallows	3.60

Traditional Loose Leaf Tea 3.00

English Breakfast
Earl Grey
Darjeeling
Assam

Speciality Loose Leaf Tea 3.00

Gunpowder Green
African Redbush*
Spiced Masala Chai
Smokey Russian Caravan

Fruit/Herbal Loose Leaf Tea* 3.00

Lemon & Ginger Rescue
Turkish Chunky Apple
Mojito Mint
Chamomile & Lavender

(* naturally caffeine free)

Tetley bag tea	2.75
Decaf Tetley bag tea	2.75

Soft Drinks 2.75

(Raspberry Lemonade, Garden Lemonade, Elderflower, Ginger Beer, Coca Cola, Diet Cola, Apple Juice, Sparkling Apple, Sparkling Blackcurrant & Apple)

Still / Sparkling Water	2.00
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Alcohol

Prosecco (200ml)	6.00
Prosecco (75cl)	20.00
Muddy Wellies Ale (500ml)	5.25
(Supporting the Royal Agricultural College)	
Peroni (330ml)	3.50

Did you know that we are a B&B too?
For more information on staying with us please visit
www.lucystearoomstow.com or call 07716 567

